



# COME AND SUPPORT OUR DEMENTIA CAFÉS

Our FREE café provides a drop-in service for anyone who may need support, information, or advice about Dementia.

This informal get together can be attended without booking or a referral.

See below for September dates and venues.

**Age UK Hythe**

CT21 6BD

**20th Sept**

1:30pm - 3:30pm

**Age UK Lyminge**

CT18 8HQ

**29th Sept**

1:30pm - 3:30pm

We offer a FREE bus service from Hythe to Lyminge.

Collection times are 1:00pm and drop off is 3:45pm (booking essential)



For more information:  
01303 269602 or 07379646426  
[demo@ageukhl.org.uk](mailto:demo@ageukhl.org.uk)

**Charity number: 1125274 Company number: 6589817**